



SAILING INSTRUCTIONS

The McDougal

Cruiser Regatta - 2009

1. RULES

- 1.1. The regatta will be governed by the *rules* as defined by The Racing Rules of Sailing (RRS).
- 1.2. Changes have been made by these Sailing Instructions to the following RRS sections: 29.1 (Individual Recall), 32.2 (Shortening of Course after the Start), 35 (Time Limit and Scores), 61.1(a) (Informing the Protestee), 62.1(a) (Redress), Race Signal AP (Postponement).

2. SAFETY REGULATIONS

- 2.1. A boat that retires from a race shall notify the race committee as soon as possible.
- 2.2. All competitors must watch for and keep out of the way of commercial and other deep draft vessels, which have the right of way. Competitors are encouraged to monitor their VHF radio for warnings and communication with other vessels as it relates to these "right of way" vessels.

3. NOTICES TO COMPETITORS – Notices to competitors will be posted on the official notice board located on the clubhouse bulletin board of Harbor Island Yacht Club behind the bookcase.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any change to these Sailing Instructions will be posted on the official notice board.
- 4.2. The schedule of races for the first day's races will not be changed.
- 4.3. Any change to the schedule of races for the second or subsequent day's racing will be posted by 1800 hours (6:00 pm) on the day before it will take effect.
- 4.4. Any other change to the Sailing Instructions will be posted at least 45 minutes before the scheduled start of the first race on the day the change will take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the race committee boat at the dock.
- 5.2. When flag "AP" is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the Race Signal "AP". This changes the meaning of Race Signal "AP"

6. SCHEDULE OF RACES

- 6.1. The race schedule will be as stated in the Notice of Race and will be posted on the official notice board.
- 6.2. It is the intention of the Race Committee to run a maximum of one race on any given day.

7. CLASS FLAGS

- 7.1. Classes will be as defined in the Notice of Race.
- 7.2. A class flag will be a unique color, pattern, shape or class logo. A description of each class flag will be posted on the official notice board and announced at the skippers meeting.
- 7.3. Reminder; as stated in the preamble to Race Signals: "When a visual signal is displayed over a class flag, the signal applies only to that class."

8. MARKS

- 8.1. Marks of the course, including the start and the finish will be orange (fender type) buoys.
- 8.2. The optional mark in Sailing Instruction 10.3 may be any shape or color.

9. COURSES

- 9.1. The approximate anticipated location of the marks and the order in which they are to be rounded will be posted on the notice board. Marks of the courses are to be left to port unless otherwise instructed.

- 9.2. At the option of the race committee, a mark may be set to windward of the starting line to create a windward first leg. If the optional “windward mark” is used, the race committee will indicate the required side on which the windward mark shall be left by posting either the letter “P” for port or “S” for starboard. The bearing to the mark will be indicated after the "@" symbol. (see Diagram for an example). The optional windward mark will be a mark of the course only on the first leg of the course and shall be rounded only once. The course board will be displayed on the starboard side of the race committee boat before the warning signal of each class. Courses may be different for each class and each race.

Course Board Diagram Example for Optional Windward Mark

P @ 260

10. THE START

- 10.1. The starting order for the classes will be posted on the official notice board.
- 10.2. The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end and the port-end starting mark.
- 10.3. The race committee may, no later than the warning signal, trail a mark from the stern of the race committee boat stationed at the starboard end of the starting line. The trailing mark will be considered to be an extension of the race committee boat. No boat may pass between the trailing mark and the race committee boat.
- 10.4. Boats whose warning signal has not been made shall avoid the starting area after the first warning signal of a race and shall not interfere with boats that are in their starting sequence.

- 11. RECALLS** – When individual recalls are signaled, the race committee may (at its discretion) attempt to hail the sail numbers of the recalled boats by VHF radio on channel 68. Failure of the race committee to hail or failure of a boat to hear the hail of its sail number shall not relieve the boat of its obligation to start correctly. This changes RRS 29.1 and 62.1(a).

- 12. SHORTENING OF COURSE AFTER THE START** – When shortening the course, a race committee boat will be stationed within a leg of the course. The display of Code Flag "S" with two repetitive sound signals means: "finish between the committee boat and the nearby mark." This changes RRS 32.2.

- 13. THE FINISH** – The finishing line will be between a staff displaying an orange flag on a race committee boat (displaying a blue “on station” flag) and the nearby mark.

14. TIME LIMIT

- 14.1. The time limit for a race is 1600 (4:00 pm) on Saturday and 1400 (2:00 pm) on Sunday.
- 14.2. If a boat in a class sails the course and finishes within the time limit, only those boats in the same class finishing within the time limit or within one hour of the first finisher in the class, whichever is later, will be counted as finishing. All other boats will be scored in accordance with the RRS or as changed in the Notice of Race. This changes RRS 35.

15. PROTESTS

- 15.1. A boat intending to protest shall attempt to notify the finish line race committee boat of its intent to protest and identify the protested boat at the first reasonable opportunity. This changes RRS 61.1(a).
- 15.2. Protests will be written and delivered to the Protest Committee Chairperson before the end of "Protest Filing Time," which will begin when the committee boat docks and end 45 minutes later. These times will be posted on the notice board.
- 15.3. Protest notices will be posted within 30 minutes of the end of "Protest Filing Time" to inform competitors of the place and time of hearings.
- 15.4. Protests will then be heard as soon as possible, in approximately the order of receipt.